



5K SPLIT CHART

MILE	2016 SPLITS	Km	2016 SPLITS
1		1	
2		2	
3		3	
3.1		4	
		5	

15:38 **FRW Course Record – Emily Chebet, KEN (2015)**

14:40 **US& World Best Road Race Record - Molly Huddle, Providence, RI (B.A.A. 5K, 2015)**