



FACT SHEET

WHAT: The 39th annual Freihofer's Run for Women, a nationally recognized 3.1-mile road race featuring a 5K fitness run

WHEN: Saturday, June 3, 2017 at 9 a.m.

WHERE: Washington Avenue (adjacent to NYS Capitol)

WHO: More than 3,500 recreational and elite runners from 22 states

RECORDS:

- FRW Washington Ave. Course Record: 15:38, Emily Chebet, KEN (2015)
- FRW Madison Ave. Course Record: 15:12, Emily Chebet, KEN (2010)
- US & World Best 5K Road Race Record: 14:40, Molly Huddle, Providence, RI (B.A.A. 5K, 2015)
- Masters World Best & U.S. All-Comers 5K Record: 15:48, Colleen DeReuck (FRW 2004)

MOST WINS: 8, Lynn Jennings (USA), 1987-1988, 1990, 1993-1996, 1998

NATIONAL RECORDS: Carmen deOliveira (BRA), 15:39 (1992)

OLDEST/YOUNGEST COMPETITORS:

- Nancy Gerstenberger, Albany, N.Y. (87)
- Shannon Cahill, Hillsdale, N.J. (7)

Number of Pre-Registered Teams:

- Mother/Daughter: 67
- Friends and Family: 45
- Sister/Sister: 20
- Grandmother/Mother/Daughter: 11
- Corporate: 9
- USATF Clubs: 9
- High School: 6
- Mother/Daughter/Grandmother/Great Grandmother: 1

RECENT FIELDS:

- 2016: 3,709 registrants; 3,083 finishers
- 2015: 3,927 registrants; 3,194 finishers
- 2014: 4,112 registrants; 3,611 finishers
- 2013: 5,045 registrants; 4,248 finishers (35th Anniversary)

PRIZE MONEY: \$28,500 to the top finishers in the open, teams and masters divisions

RESULTS: Complete race results will be available Saturday afternoon at freihoferstrun.com. The *Times Union* will also provide complete results in its Sunday, June 4 edition.