



FACT SHEET

- WHAT:** The 38th annual Freihofer's Run for Women, a nationally recognized 3.1-mile road race featuring a 5K fitness run
- WHEN:** Saturday, June 3, 2016 at 9:30 a.m.
- WHERE:** Washington Avenue (adjacent to NYS Capitol)
- WHO:** 4,000 recreational and elite runners from 26 states
- RECORDS:**
- FRW Washington Ave. Course Record: 15:38, Emily Chebet, KEN (2015)
 - FRW Madison Ave. Course Record: 15:12, Emily Chebet, KEN (2010)
 - US & World Best 5K Road Race Record: 14:40, Molly Huddle, Providence, RI (B.A.A. 5K, 2015)
 - Masters World Best & U.S. All-Comers 5K Record: 15:48, Colleen DeReuck (FRW 2004)
- MOST WINS:** 8, Lynn Jennings (USA), 1987-1988, 1990, 1993-1996, 1998
- NATIONAL RECORDS:** Carmen deOliveira (BRA), 15:39 (1992)
- OLDEST/YOUNGEST COMPETITORS:**
- Doris Schlamowitz, Albany, N.Y. (86)
 - Shannon Cahill, Hillsdale, N.J. (6)
- Number of Pre-Registered Teams:**
- Mother/Daughter: 89
 - Sister/Sister: 25
 - Grandmother/Mother/Daughter: 9
 - Mother/Daughter/Grandmother/Great Grandmother: 2
 - Corporate: 7
 - High School: 10
 - USATF Clubs: 9
- RECENT FIELDS:**
- 2015: 3,927 registrants; 3,194 finishers
 - 2014: 4,112 registrants; 3,611 finishers
 - 2013: 5,045 registrants; 4,248 finishers (35th Anniversary)
- PRIZE MONEY:** \$28,500 to the top finishers in the open, teams and masters divisions
- RESULTS:** Complete race results will be available Saturday afternoon at freihoferstrun.com. The *Times Union* will also provide complete results in its Sunday, June 5 edition.