

Schedule: 2016 Freihofers Run For Women Elite Athlete School Visitation Program

ATHLETE	DAY	TIME		SCHOOL	NOTES
Tera Moody	Wednesday (6/1)	8-10 a.m.	C	A.W. Becker Elementary School 1146 Route 9W Selkirk, NY 12158 bherwick@rcscsd.org	Brandon Herwick 756-5200 x 5000 Running club at 8:15 - 9 am School assembly 9:30 – 10 ar
Tera Moody	Wednesday	2:50 – 4 p.m.	C	Cobleskill –Richmondville HS 1353 State Route 7 Richmondville, NY 12149 dewitte@crs.k12.ny.us	Cathy DeWitt High School Varsity T & F
Carmen Troncoso	Thursday (6/2)	9 a.m.	C	Walter B. Howard Elementary 1478 U.S. 20, New Lebanon, NY 12125 fhealy@newlebanoncsd.org	Carmen Troncoso
Tera Moody	Thursday	9:30 a.m.	C	Dorothy Nolan Elementary 221 Jones Rd, Saratoga Springs, NY 12866 queenofscience@hotmail.com d_bush@saratogaschools.org	Linda Kranick 587-4525 (H) 894-4011 (W) Dana Bush (Principal)
Tera Moody	Thursday	1:30 p.m.	C	Cairo Durham Elementary Visit is at CD Intermediate School 424 Main Street, Cairo 12413 abenjamin@cairodurham.org	Amy Benjamin 518-622-3231 ex 30201 Medium T-Shirt
Carmen Troncoso	Thursday	3:30 – 5 p.m.	C	McNulty Academy 60 Brandt Place, Amsterdam 12010 jphillips@gasd.org *students running practice 5K – talk to group 3:30	Jamie Phillips 843-2871 x 6214 cell: 518-421-2901 (3 x Girls On The Run elementary programs)
Tera Moody	Friday (6/3)	8:45-9:45 am	C	Glens Falls Middle School 20 Quade St, Glens Falls, NY 12801 kcrossman@gfsd.org	Kevin Crossman Cell: 518-307-5895 School: 518-793-3418
Sinead Haughey	Friday	8:45 – 9:45 a.m.	C	Guilderland Elementary 2225 Western Ave. Guilderland NY 12084 micklec@guilderlandschools.org scanlonc@guilderlandschools.org	Colleen Mickle Chris Scanlon 869-0293
Sara Hall	Friday	9 a.m.	C	Acadia Middle School Meeting in Gowana Auditorium 970 Route 146 Clifton Park, NY 12065 518-881-0450 nirsholl@shenet.org	Holli Nirsberger 518-881-0450

Meghan Peyton	Friday	9 a.m.		Westmere Elementary 6270 Johnston Rd, Albany, NY 12203 reed-besta@guilderlandschools.org	Anne Reed-Best 456-3771
Katy Moen	Friday	9:15 a.m.		Southgate Elementary 30 Southgate Rd Albany pmravljja@ncolonie.org	Peter Mravlija 785-6607 x 4211
Nicole DiMercurio	Friday	9:15 a.m.	C	Rensselaer Park Elementary 70 110 th Street, Troy, 12182 dhamilto@lansingburgh.org	Dave Hamilton 233-6823
Brianne Nelson	Friday	9:30 – 10:45 a.m.	C	Green Meadow Elementary 234 Schuurman Rd, Castleton-on-Hudson, NY 12033 hammondba@egcsd.org Bell Top joining them (170 running club +additional students)	Bobbi Hammond 573-6020 (c) 477-6422
Carmen Troncoso	Friday	9:30 a.m.	C	New Scotland Elementary 369 New Scotland Avenue Albany, NY 12210 wcarter@albany.k12.ny.us	Wanda Carter 475-6775 cell: 505-7126
Libby James	Friday	9:30 a.m.	C	Elsmere Elementary 247 Delaware Avenue Delmar, NY 12054 kloskels@bcsd.neric.org	Kate Kloss Principal (518) 439-4996
Dani Miller	Friday	10 a.m.	C	Roessleville Elementary 100 California Ave, Albany, NY 12205 marybeth.tedisco@southcolonie.k12.ny.us	Marybeth Tedisco Principal Mike Palmer, PE 459-2157
Joanna Thompson	Friday	10:30 a.m.	C	Maple Ave Middle School 515 Maple Ave, Saratoga Springs, NY 12866 queenofscience@hotmail.com a_sweeney@saratogaschools.org	Linda Kranick 587-4525 (H) 894-4011 (W) Ann Sweeney (PE)
Joan Benoit Samuelson	Friday	12:30 p.m.	C	Hamagrael Elementary 1 McGuffey Ln, Delmar, NY 12054 ksandham@bcsd.neric.org	Dave Ksanznak (Principal) Chris Berschwinger (PE) 439-4905