



32nd run for women

FACT SHEET

- WHAT:** The 32nd annual Freihofer's Run for Women, a 3.1-mile road race featuring a 5k fitness run
- WHEN:** Saturday, June 5th, 2010 at 10 a.m.
- WHERE:** Madison Avenue at the NYS Museum
- WHO:** 4,200 recreational and elite runners from 20 states and 19 nations.

5K ROAD RECORDS:

- Run for Women Course Record — 15:18, Asmae Leghzaoui, '05
- World & U.S. All-Comers — 14:46, Meseret Defar (Carlsbad '0
- U.S. — 14:54, Deena Kastor (Carlsbad '02)
- Masters World & U.S. All-Comers — 15:48, Colleen DeReuck, (FRW '04)

MOST WINS: 8, Lynn Jennings (USA), 1987-88,1990,1993-96,1998

NATIONAL RECORDS: Carmen deOliveira (BRA), 15:39 (1992)

YOUNGEST/OLDEST COMPETITORS:

- Mikayla Kendrick (Bib# 3775), 6, Nassau, NY
- Doris Schlamowitz (Bib# 152), 80, Albany, NY

TEAMS: 120 mother/ daughter and 51 sister/ sister will compete

RECENT FIELDS:

- 2005: 3,510 registrants; 3,222 finishers
- 2006: 3,144 registrants; 2,680 finishers
- 2007: 3,123 registrants; 2,887 finishers
- 2008: 3,387 registrants; 3,099 finishers
- 2009: 4,029 registrants; 3,689 finishers

PRIZE MONEY: \$27,000 will be paid out to the top finishers in the open, teams and masters divisions

RESULTS: Complete race results will be available on the Freihofer's Run for Women Web page at freihoferstrun.com after 5 p.m. on Saturday, June 5th. The *Times Union* will also provide complete results in its Sunday, June 6th edition. Further, every runner will also be able to see her finish on video at timesunion.com.