

2010 Women's 5K Top 10 Times

from record standard courses per USATF Rule 265.5 as of April 26, 2010

WORLD

Time	PL	Name	RACE	Date
15:04	1	Meseret Defar (ETH)	Carlsbad 5000, CA USA	04/11/10
15:26	2	Aheza Kiros (ETH)	Carlsbad 5000, CA USA	04/11/10
15:45	1	Sule Utura (ETH)	Choice Women First 5K, ETH	03/06/10
15:50	1	Erin Donohue (USA)	Haddonfield Adrenaline, NJ USA	03/20/10
15:55	3	Meskerem Assefa (ETH)	Carlsbad 5000, CA USA	04/11/10
15:59	1	Molly Huddle (USA)	An Ra's Mo'r, MA USA	03/14/10
16:00	4	Malindi Elmore (CAN)	Carlsbad 5000, CA USA	04/11/10
16:01	2	Koreni Jelila (ETH)	Choice Women First 5K, ETH	03/06/10
16:03	2	Carmen Douma (CAN)	Haddonfield Adrenaline, NJ USA	03/20/10
16:04	5	Karolina Jarzynska (POL)	Carlsbad 5000, CA USA	04/11/10

U.S.

Time	PL	Name	RACE	Date
15:50	1	Erin Donohue (NJ)	Haddonfield Adrenaline, NJ	03/20/10
15:59	1	Molly Huddle (RI)	An Ra's Mo'r, MA	03/14/10
16:49	1	Catha Mullen (NY)	Coogan's Salsa, Blues & Shamrocks, NY	03/07/10
16:49	1	Clara Peterson (CA)	Big Sur, CA	04/25/10
16:52	1	Daniela Alonso (CA)	Santa Anita Derby Day, CA	04/03/10
16:52	1	Jennifer Campbell (MA)	B.A.A., MA	04/18/10
16:56	9	Kassie Anderson (UT)	Carlsbad 5000, CA	04/11/10
16:57	1	Mason Cathey (IN)	Anthem Fitness Classic, KY	03/06/10
16:59	1	C. Peterson (2)	Zippy, CA	04/18/10
17:00	1	Sonja Friend-Uhl (FL)	Edison Festival of Light, FL	02/20/10
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17:00	2	Jeannette Seckinger (MA)	B.A.A., MA	04/18/10

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