

On Saturday, May 30, 2009, the Freihofer's Run for Women will be held and will use the following areas/streets:

- Empire State Plaza
- Madison Ave. (from Eagle to Willett Sts.)
- All roads in Washington Park
- Lake Ave. (from Hudson to Western Aves.)
- Western Ave. (from Cortland St. to Sprague Place)
- Washington Ave. (from Sprague Place to Henry Johnson Blvd.)
- Henry Johnson Blvd. (from Washington Ave. to State St.)

These roads will be closed to traffic and parking beginning at 6 a.m. on Saturday. Madison Ave. between Eagle and Swan Streets will also be closed to traffic and parking beginning on Friday, May 29 at 6 p.m.

The roads in and around Washington Park will re-open to traffic and parking at approximately 11:30 a.m. Saturday morning.

Madison Ave. between Swan and Lark Streets will re-open at approximately 12:30 p.m. Saturday afternoon. Madison Ave. between Eagle and Swan Sts. will re-open at 5 p.m.

During the race, the following streets will be blocked to traffic:

- West end of Spring Street
- Sprague Place
- Thurlow Terrace
- Englewood Pl., south end of Robin St.
- East end of Elberon Pl.
- South end of Dove St.
- Lark St. at Madison Ave.
- Swan St. at Madison Ave.
- Willett St.
- Washington Ave. between Lexington Ave. and Henry Johnson Blvd.
- State St. from Western Ave. to Willett St.

It will be difficult to enter and exit these streets from 8:30 a.m. to 11 a.m. on Saturday, May 30.