



FACT SHEET

- WHAT:** The 30th annual Freihofer's Run for Women, a 3.1-mile road race featuring a 5k Fitness Run
- WHEN:** Saturday, May 31 2008 at 9:15 a.m.
- WHERE:** Madison Avenue at the NYS Museum
- WHO:** More than 3,200 recreational runners and five Olympians from eight nations and 20 states

5K ROAD RECORDS:

- Run for Women Course Record — 15:18, Asmae Leghzaoui, '05
- World & U.S. All-Comers — 14:46, Meseret Defar (Carlsbad '06)
- U.S. — 14:54, Deena Kastor (Carlsbad '02)
- Master's World & U.S. All-Comers — 15:47, Colleen DeReuck, (Freihofer's Run for Women '04)

MOST WINS: 8, Lynn Jennings (USA), 1987-88,1990,1993-96,1998

NATIONAL RECORDS: Carmen deOliveira (BRA), 15:39 (1992)

YOUNGEST/

OLDEST COMPETITORS:

- Angelia Broga, 6, Malden Bridge, NY
- Kathryn West, 97 Cape Porpoise, ME

TEAMS: More than 100 mother/daughter and 50 sister/sister will compete

RECENT FIELDS: 2003: 3,616 registrants (record field); 3,293 finishers
2004: 3,500 registrants; 3,224 finishers
2005: 3,510 registrants; 3,222 finishers
2006: 3,144 registrants; 2,680 finishers
2007: 3,123 registrants; 2,887 finishers

PRIZE MONEY: \$27,000 will be paid out to the top finishers in the open, teams and masters divisions (see separate sheet in press kit for break down.)

RESULTS: Complete race results will be available on the Freihofer's Run for Women Web page at freihoferstrun.com after 5 p.m. on Saturday, May 31. The *Times Union* will also provide complete results of the 5km race in its Sunday, June 1 edition.